# **Temptation**

In last Sunday's service Pastor Lugo talked about Temptation and a few ways to help us overcome temptation. In today's study we want to go further in our discussion of temptation with a few more ways to help us overcome.

In the Bible, the word used for temptation carries a wide range of meaning that can be translated as either "temptation" or "testing." In reference to Temptation, the word points to an enticement to do evil.

Since temptation is an enticement to do evil, how can understanding the purpose of temptations help us overcome it?

### Read:

#### In Matthew 4:1-11 and Luke 4:1-13

In these two passages, who was the source of temptation?

Why do you think Satan chose this particular time of Jesus fasting to tempt him?

What did Satan's temptations appeal to?

What can we learn from Jesus about how he

handled temptation?

How important is scripture memorization in the battle with temptation?

Do you know what your weaknesses are, how Satan tempts you?

What scriptures have you learned to help you fight against temptation?

#### Read:

James 1:13-15 Leviticus 20:7 1 Peter 1:16

Does God tempt us? Why doesn't he tempt us?

In James 1:13-15, passage, who is the source of temptation?

What is the end result of sin?

Knowing that we can also be tempted by our own evil desires, what can we do to overcome temptation?

A Few Ways to Battle Against Temptation

#### Read:

# Psalm 119:11

According to this verse, what steps can we take to help overcome temptation?

How do we hide the word in our hearts?

### Read:

#### **Proverbs 7:1-13**

What do these verses say about God's word? How could the young man avoid temptation?

The memorization of God's word to help us combat temptation is crucial in the battle against temptation. Recognizing our weakness is also a crucial part of overcoming temptation. I want to encourage you to research scriptures that will help you be strengthened in your areas of weakness.

### Read:

## Genesis 39:6-15

How often was Joseph tempted? How did Joseph avoid sinning?

Sometimes we may have to battle with the word of God and sometimes we may have to run. A good run is better than a bad fall.

## Read:

Proverbs 27:17 1 Thessalonians 5:11 Hebrews 10:24-25

What do you see in these verses that would help you overcome temptation?

Do you have an accountability partner or partners to help in the fight against temptation and falling into sin?

Do you have someone that is accountable to you, that you are encouraging in their walk? What steps can you take from this moment forward

to find help in your journey to "be holy as God is holy?

We pray you have had a great study and discussion with your family. God bless you and please continue to monitor our website and social media for updates as well as Text in Church to stay connected.